

GUIDE



# AUTUMN SOUL

ANNUAL CHRISTIAN

DISCIPLESHIP EVENT

FOR 13-18 YEAR OLDS



IMYC

Irish Methodist Youth and Children's Department



## WHAT IS AUTUMN SOUL?

Autumn Soul is a Christian discipleship event for **every** young person aged 13-18. Young people, leaders and volunteers come from all over the island of Ireland (Methodist connexion and beyond) for a weekend of exploring and discovering Jesus together.

No matter what stage they find themselves on their journey of faith, our programme is designed to be accessible for all teens.

### REALLY, EVERY YOUNG PERSON?

Yes! Whether you have 2 young people or 20, whether your group is through church (YF, Bible class, GB/BB, membership class etc.) or school, Autumn Soul is for you.

Smaller groups can come by themselves or join together, it is flexible for what works for your group.

### THE AUTUMN SOUL DAY PASS

Autumn Soul is a weekend residential, but there is also a one day option for those who are new, unsure or who are not in a position to commit to the full event.

This option means you can come along for the Saturday worship, teaching and seminars and maybe make the step to a residential weekend next year.



# THE AUTUMN SOUL EXPERIENCE



Our worship aims to connect with Jesus through scripture, praise, prayer and the arts to be participatory, engaging, responsive and transformative.

Young people and leaders encounter God through deep worship, coming away with more of an understanding that they are loved and invited to know their creator more.



We believe in the power of the Bible to speak to our young people today, directly into their lives and situations. We have been blessed with so many gifted communicators who love God's word and also love young people. Whether it is main stage or Saturday seminars, speakers who can effectively unpack what God is saying to this generation in a relevant way are at the core of Autumn Soul.



An event like Autumn Soul can often be a significant moment where young people become aware of how God has gifted them and how he is calling them. This impacts them both at a local level, serving in church, and further afield as they consider God's wider call on their life.

## WHAT THE YOUNG PEOPLE SAID

*I am going to get more friends to come next year!*

*I saw friends from other events.*

*I got to sing songs I like.*

*I felt energised.*



# INSPIRING YOUTH LEADERS

Autumn Soul is not an isolated experience. Youth leaders also come away feeling encouraged and refreshed (even though they are a sleep deprived from sleeping in church halls for a weekend). This ultimately benefits those they serve as well as strengthening their relationships with the young people whom they journey alongside. On top of that, leaders get to enjoy rich fellowship, share ideas and laugh with others from across the Connexion.

## BY YOUNG PEOPLE, FOR YOUNG PEOPLE

Many of our Autumn Soul Band and Committee are young adults who have been directly impacted by the event as young people and young adults. Many of them got their first opportunities to lead and use their gifts at Autumn Soul, and every year we seek to invest in young people so they can find where they come alive in their faith.



## POST EVENT RESOURCE



After a weekend of encountering God and unpacking his word, you might be left wondering, *what now?* We will provide resources you can use with your young people to dive even deeper into the subject matters explored over the course of the event. These resources can also be used as taster sessions for those who have not previously attended, therefore giving them the opportunity to sample what's on offer each year.



AUTUMN  
SOUL

WE BELIEVE THAT THIS EVENT  
GROWS FAITH AND IS AN  
ENCOURAGEMENT TO ALL  
YOUNG PEOPLE. WE KNOW  
THAT GOD WILL SPEAK AND  
MEET THEM WHERE THEY ARE,  
HELPING THEM TO TAKE THEIR  
PLACE IN GOD'S KINGDOM.

*“Autumn Soul has the potential to stimulate faith and inspire confidence in young disciples of Jesus to lead and play their part in their local societies.”*

REV DAVID TURTLE  
(MCI President 2023 - 2024)



**For more information and how to book, get in touch with our team. We would be delighted to hear from you.**

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